| Master of Ceremonies |
|---|
| WelcomeTom Swan |
| InvocationCoach Regnier |
| Dinnermeat and milk furnished by the Boosters, the rest of the food by OUR MOTHERS. |
| Official Administrative WelcomeJoe Kennelly |
| Presentation of Special Awards byRaymond C. Kehres, State Representative |
| Team Awards |
| Boosters MVW AwardJim Bacoccini |

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DEDICATION OF THE 1975-76 STATE CHAMPIONSHIP BOOKLET

To the Bedford Wrestling Community:

After much consternation and consideration, I felt that it would be impossible to dedicate this booklet to any one group. There have been so many people involved in the success of this program and this year, that it would be very, very difficult Instead we must for me to single out one person or one group. acknowledge our entire Bedford Wrestling Community. I don't believe that anyone, anywhere can be as thankful to God for what He has done for us here in this community as we can. By we, I mean our entire coaching staff. There is no greater place, no g greater school, no greater community and no greater people involved in wrestling in the whole nation than right here in Bed-ford Township. Coach Swan, Coach Long, Coach Bankowski, Coach Hubbard, Coach McHenry and myself have got to be very, very grateful to God just for the opportunity to be here in this tremendous, tremendous, community. There were so many factors involved in winning the STATE CHAMPIONSHIP this year that it would be inadaquate and inappropriate of me to try to enumerate each and every individual. The following is a listing of the various groups that played an important role in our success and they are not listed in order of importance. This is just a small, small way of thanking all of you for your help and support - besides winning the State Championship for you:

- Our Athletic Department and Athletic Director
- Our Administration and Board of Education 2.
- Our Citizens in Bedford Township Our Athletic Boosters Club 3.
- 5. Our Wrestling Alumni
- Our Student body
- 7. Our Cheerleaders
- Our Newspapers Monroe, Courier, Journal, Blade, Pride Our Photographers Gregg, Doug, Mr. Richard Luttrell
- 10. Our Faculty and Staff
- 11. Our Kid Program and Coaches
- 12. Our Junior High Program and Coaches13. Our Girls (Grapplerettes)
- 14. Our Mothers
- 15. Our Wives
- 16. AND MOST OF ALL OUR 1975-76 STATE CHAMPIONSHIP WRESTLERS

SQUAD ROSTER

SENIORS

***Alcock, Fred
***Heasley, Bruce
***Joseph, Tom
 *Mockensturm, Dan
***Rank, Craig
***Simmons, Jamie
 *Stokes, Paul
 *Stockmaster, Mike
**Striggow, Scott
 *Whaley, Phil

JUNIORS

Boudreau, Mark
Dunnigan, John
Emptage, Chip
Fry, Dave

**Joseph, Charles
Labadie, Jim
*Luttrell, Rod
Overman, Ted
Potter, Lex
Poulson, Les
Rank, Guy

**Salisbury, Bill
Snyder, Bob
Stanley, Kelley
Venia, Mike
*Wiederhold, Tony

SOPHMORES

Betley, Ken
Boraggina, Jim
*Cousino, Kerry
*Doyle, Mike
Fisher, Steve
Folk, Jeff
Gamby, Jeff
Hoffman, Mark
*Huskins, Ron
*Joseph, Richard
Klock, Steve
Lawn, Eric
Leffler, Tim
Lutman, Scott
Quigley, Bob
Smith, Greg
Stevens, Doug
Webster, Rick
Whitenburg, Kevin

COACHES

SR. HIGH

JR. HIGH

9th Grade Head Coach......Edd Bankowski Assistants.....Dennis Hubbard Earl McHenry

Manager.....Jim Fuller - Soph.

* Indicates letter winners and number of years letter won.

BEDFORD TEAM RECORD

Dual Meets 13-1-0

| League Record | | | League Recor | rd |
|---------------|-----|-------------|---------------------|---------------|
| 5 - 0 - 0 | | | 47-1-0 8 yea | ars |
| Bedford | 31 | VS. | Springfield | 22 |
| Bedford | 45 | VS. | Monroe | 7 |
| Bedford | 29 | vs. | Adrian | 25 |
| Bedford | 47 | VS. | Walled Lake Western | 10 |
| Bedford | 23 | V S. | Wayne | 30 |
| Bedford | 59 | VS. | Fostoria | 2 |
| 100th Bedford | 63 | V S . | Port Clinton | 3 V I CT OR Y |
| Bedford | 51 | VS. | St. Francis | 3 |
| Bedford | 65 | VS. | Bowling Green | 3 |
| Bedford | 43 | VS. | Clay | 8 |
| Bedford | 32 | VS. | Adrian | 22 |
| Bedford | 45 | V S. | Trenton | 12 |
| Bedford | 57 | VS. | Sylvania | 3 |
| Bedford | 33 | VS. | Whitmer | 27 |
| TOTAL POINTS | 623 | | | 177 |

TEAM TOURNAMENT RECORD

10-0-0 (Best Tournament Record ever)

| *Bedford Invitational | Olio | Champions | _ | 154½ pts. 10 teams |
|------------------------------|-------|-----------|-----|--------------------|
| *Battlecreek Invitational | - | Champions | | 148½ pts. 8 teams |
| Lansing Invitational | um | Champions | | 107 pts. 17 teams |
| Rogers Invitational | | Champions | | 122 pts. 9 teams |
| Ann Arbor Huron Invitational | | Champions | *** | 119½ pts. 8 teams |
| Detroit CC Invitational | | Champions | - | 106 pts. 16 teams |
| *GLL Championships | cano. | Champions | - | 184 pts. 6 teams |
| *Districts | | Champions | • | 67½ pts. 20 teams |
| *Regionals | oae | Champions | _ | 82 pts. 40 teams |
| | | | | (represented) |
| *States | 428 | CHAMPIONS | *** | 65 pts. 160 teams |
| | | | | (represented) |

^{*}Record number of points scored in that tournament

RESUME 1975-1976

BEDFORD INVITATIONAL - In the 7th Annual Bedford Invitational, the Mighty Mules sprinted out to an early lead and were never threatened thereafter. Eleven out of the 12 Bedford Wrestlers in the tournament placed for the Mules and Steve Klock the 12th wrestler put up a valiant effort weighing only 100 pounds and wrestling at 105. Tom Joseph walked away with all the hardware, a first place medal, The Hustler Award (3 pins in 5 min. & 16 sec.), and the Outstanding Wrestler Award (voted on by the coaches). Scott Striggow and Craig Rank also came up with a championship. Scott pinned all three of his opponents and Craig got to the finals by way of a Major and Superior decision. Our other place winners and their places were Bruce Heasley (2nd), Fred Alcock (2nd), Richard Joseph (2nd), Rod Luttrell (2nd), Chuck Joseph (2nd), Tony Weiderhold (3rd), Bill Salisbury (3rd), and Mike Doyle (4th). Bedford has won the Invitational 6 out of 7 years and has won it the last 4 years. We had a good start Mules, but there sure is a lot of room for improvement.

SPRINGFIELD - Whew! What an exciting match for Mule and Blue Devil fans alike. The Kings of the GLL (Bedford) and Kings of the NLL (Springfield) met and it was a battle of true champions. Neither side giving in, and both hustling and fighting for the win. The Mules never led throughout the entire match until an outstanding effort by Paul Stokes brought us even up. Then Bill Salisbury put us out front and Bruce Heasley slammed the door shut with a pin in 3 minutes. Other winners were Kerry Cousino at 105, with a major decision, Lex Potter at 119, Scott Striggow at 138, Tom Joseph at 155, with a 38 second pin, then our final three staged the Mule comeback. We stuck to it Mules, nice work! Let's keep hustling.

BATTLECREEK - Ripping into its second tournament and breaking another scoring record, the Mighty Mules Wrestling Team came away a winner again this week-end. Scoring 148½ pts., the next closest team was Muskegon with 97½ pts. The Mules put 8 wrestlers in the finals and came up with 4 Champions. Three under classmen looked tough in winning their Championships. They were Chuck Joseph, Rod Luttrell and Bill Salisbury. Along with these wrestlers was our lone senior and undefeated wrestler Tom Joseph, who was also voted as outstanding wrestler of the meet by the coaches. Craig Rank came up with a sprained ankle and finished 4th. We hope that he is not out long with the sprain. Other place winners are Kerry Cousino(2nd -lost 0.T - referee's decision in finals), Richard Joseph (2nd), Scott Striggow(2nd), Bruce Heasley (2nd) and Mike Doyle(3rd). Ten out of our 12 wrestlers placed and all 12 wrestlers scored points for the Mules. Congratulatios Mules, let's keep it going!

MONROE - Marching in against a young Monroe squad, the Mules moved their people up weights and lost but two matches. Pinners for the Mules were Mike Doyle, Scott Striggow, Tom Joseph, and Bruce Heasley. Chuch Joseph had a superior decision, and Steve Klock got a major decision. Other wins were scored by Tony Weiderhold, Rod Luttrell, Fred Alcock and Bill Salisbury. Good job Mules.

LANSING EASTERN INVITATIONAL - With sheer team balance, the Mighty Mules Wrestling team marched into and thru the strong Lansing Invitational. Last year's defending champion and Class B State Champions Mount Pleasant finished second behind a strong Mule team. Lansing Eastern and Flint Northern also put in a strong bid for 1st place. The 1st round set the tone of the whole tournament, as the Mules picked up 39½ pts. to 29½ pts. for Mount Pleasant. This was a lead that they never relinquished. Our Mules set a record by being the first team ever to have all 12 wrestlers win in the first round of any tournament. In that first round, the Mules had 7 pins, 1 superior decision, and 1 major decision. After that, we stayed pretty even with the rest of the field. Tom Joseph and Bruce Heasley came up with two excellent efforts to win a championship. Bruce got a pin in the finals and Tom had a tight match 4 to 3 to get his victory. Rod Luttrell put together an excellent tourney and placed a strong 2nd to a defending State Champion. Scott Striggow was Bedford's other place winner. He secured a 4th place with some excellent wrestling. Our other wrestlers were Mike Doyle (2 pins), Kerry Cousino (1 pin), Tony Weiderhold (2 pins), Chuch Joseph (1 win), Jamie Simmons(1 pin) Fred Alcock (2 pins), Paul Stokes (1 pin) and Ron Huskins(2 pins) This was an excellent tournament for our Mules. Great Job Bedford!!

TRIPLE DUAL -

Just as at Lansing, we had a good day, the opposite happened on Tuesday. We had a bad day of wrestling. Here is the way the day went:

ADRIAN - The Mules had to have a long comeback drive by our last four weights. Tom Joseph got us rolling with an 18 to 5 victory then Paul Stokes did it again and pulled us to within 2, Bill Salisbury came up with a big tie and Bruce Heasley put the match away for us with a pin. Up to that point, Chuch Joseph, Rod Luttrell, and Scott Striggow kept us in contention. It was great comeback, but the Mules did not need to be that far down. We have to get better!

WALLED LAKE WESTERN - This team was not very competitive, so the Mules had to go with a few subs. Steve Klock did a good job by hustling to a superior decision, Lex Potter came thru with another win, Jamie Simmons fought off a comeback by his opponent, and Bob Snyder ripped off a 12-0 superior decision, the rest of the Mules that won were: Rod Luttrell-forfeit, Scott Striggowpin, Fred Alcock-forfeit, Paul Stokes-won 5-4, Bill Salisburywon by default, and Bruce Heasley wrestled one of their toughest and a Regional Qualifier last year and defeated him 6 to 3. Good Job Mules!

<u>WAYNE</u> - The Wayne Zebras put it to the Mules 30 to 23. It was not a bad comeback by the Mules, considering they were down 14-00 after the first three weight classes. Chuck Joseph then tied Rod Luttrell hustled to a 5-2 victory then Scott Striggow decked their undefeated 138 pounder. Tom Joseph, Bill Salisbury and Bruce Heasley made the score respectable. Bob Snyder had a good effort in a losing cause. Hope the Mules learned from this experience. We have a long way to go Bedford. Let's do it!!

ROGERS TOURNAMENT - Walking in with only one top seed, the Mighty Mules drove thru a very good and strong Rogers Tournament Scoring 122 pts., the Mules outdistanced second place Fremont Ross who scored 87½ pts. The Mules forced 7 wrestlers into the finals and four of them came out a champion. Rod Luttrell put together another fine tourney, Tom Joseph had revenge on a loss from last year in the states, Bill Salisbury had his finest tournament this year, and Bruce Heasley had another good performance with 2 pins and a major decision in the finals. Chuck Joseph, Scott Striggow, and Craig Rank finished 2nd. Lex Potter did a good job for his first shot at 112, he placed 3rd, and Mike Doyle put in a 4th place finish. Fred Alcock separated some muscles in his shoulder the day before the meet, and will be out for another 3 to 4 weeks. Hope he'll be back soon. Let's keep the hustle going Mules!! It was good to see Craig back in the line-up at Rogers. He sure is an asset back with us.

FOSTORIA - A young but scrappy Fostoria squad invaded Mule territory and came out with an important lesson in wrestling. You gotta be ready to go all the time, especially in Mule territory. The Mules hit Fostoria for a 59 to 2 win. The only Fostoria score coming at 167 where Craig Rank had to come from behind for a 6 to 6 deadlock. Pinners for the Mules were Mike Doyle, Richard Joseph, Scott Striggow, Tom Joseph, and Bruce Heasley. Bill Salisbury won by forfiet, but wrestled in exhibition and pinned his opponent. Rod Luttrell came thru with a superior decision and Chuck Joseph added a major decision. New people in the line-up Kelley Stanley and Jim Labadie came up with good wins for the Mules. Kerry Cousino and Ron Huskins were other winners for the Mules. Good Job Wrestlers.

ANN ARBOR HURON TOURNAMENT - With four Champions, three seconds, I third and I fourth, the Mules marched thru the Ann Arbor Tournament for the 5th year in a row. Chuck Joseph returned to meet Garner from Detroit and came out ahead this time. Rod Luttrell met Bracken of Belleville in the Finals again only turned the tables on him this time. Bruce Heasley did the same with his final match against Brouchert of WLW. Bruce had a tremendously domineering match of his opponent. Tom Joseph met Cummins of AAH again and pushed him around even more this time. What makes the Mules feel even better is we were not exceptionally impresive but we still scored 120 points over the 100 points scored by Detroit Catholic Central. Other place winners for the Mules were Richard Joseph (2nd), Scott Striggow (2nd), Bill Salisbury (2nd), Kerry Cousino (3rd), and Mike Doyle (4th).

Got the tough one's to go yet Mules!! Let's suck it up and get ignited.

PORT CLINTON - The Mules have wrestled two GLL schools and have relinquished one tie and one loss. Pressing the Port Clinton Redskins to a 63 to 3 loss, Bedford's tremendous group of wrest-lers delivered Coach Regnier his 100th dual meet win in 10 years. Coach Regnier would just like to say Thank You to all those past and present people who have been involved in the Bedford Wrest-ling program and he Thanks God for giving him the opportunity to be involved in a program like Bedford.

to be involved in a program like Bedford.

Eight Mules pressed their opponents for pins they were: Mike Doyle (1:49), Kerry Cousino (5:31), Rodd Luttrell (3:27), Rich Joseph (1:57), Scott Striggow (1:04), Craig Rank (5:15), Bruce Heasley (5:37) and Ron Huskins (3:08). Tom Joseph picked up a forfiet, Chuck Joseph a major decision, Bill Salisbury a 3-0 decision, and Phil Whaley after kicking the referee in the head and knocking him out, got an 8-5 win. Nice Job Team - Thanks for 100.

ST. FRANCIS - The once proud Knights came rambling into "Mule Country" without a full line-up and without some of their best wrestlers. The Knights found out that when you come after Bedford, you come with your best or you get stung. And the Mules stung the Knights by a score of 51 to 3 for the worse shell-acking St. Francis has had in its history. It will be a night long remembered by the Mules and Knights. I'm sure they'll be ready next year when the Mules come to Knight Country. Excellent matches were turned in by all our wrestlers. The results are in the Wrestler-of-the-Meet area. Special mention has to go to Richard Joseph who defeated Joe Torti the Knights lone senior who stuck out on the team and a very tough city league wrestler.

BOWLING GREEN - With 9 pins and 3 wins the Mighty Mules blitzed a young but aggressive Bobcat crew. Scoring 65 points and allowing only three against them, Bedford scored another impressive victory in the GLL. We have only had 8 points scored against us thus far in the GLL. Scoring pins for the Mules were

Mike Doyle, Chuck Joseph, Rick Joseph, Scott Striggow, Mike Stockmaster, Craig Rank, Bob Snyder, Bruce Heasley and Ron Huskins. Tom Joseph scored a superior (16-0) while Kerry Cousino and Rod Luttrell scored 6-0 and 7-0 wins. Tony Weiderhold was our lone loss, but kept hustling thru the whole match only to lose 10-5.

CLAY - By the greatest margin in some years, the storming Mules went to the air and pulled down the high flying Eagles to the tune of 43-8. The Mules dominated almost all the matches and still driving their opponents even when they lost. Pinners were Mike Doyle, Scott Striggow, Tom Joseph, and Bruce Heasley. Winners were Kerry Cousino, Tony Wiederhold (a big match), Chuck Joseph, Rod Luttrell, Bill Salisbury and Ron Huskins. Richard Joseph got a tie. Craig Rank met his old friend Turnow and lost another 1 pointer 1 to 0.

DETROIT CC TOURNAMENT - What an excellent tournament this was. Tremendous wrestling was the keynote to all rounds of wrestling and a very exciting finish for the Mules. Tom Joseph and Craig Rank fought to give the Red and Gray their final margin of victory ($1\frac{1}{2}$ pt.). We were leading the John Glenn Team thru the full tournament, then going into the finals, we were up by only two points. After two John Glenn wrestlers went at it, they went up on the Mules by 6 points. This set the stage for the Mule comeback. Scott Striggow lost an exciting, hustling match in the last 3 seconds. Then came Tom Joseph with his firemen's carry and excellent strength winning 12 to 3 to put within $2\frac{1}{2}$ pts. of the leaders. On to the scene steps Craig Rank 4th seed against 3rd seed (he allready beat the 1st seed) from none other than John Glenn. And in the head to head confrontation with the title on the line, Craig came thru with an excellent, well-fought 6-3 victory and a Title for the Mules. Bill Salisbury dropped an overtime Referee's decision following Craig's match and Bruce Heasley got pinned in the final seconds of his match. So it was tremendous for Craig and Bedford that he won. Chuck Joseph and Rod Luttrell placed fourth for the Mules.

Everyone who scored, scored important points and it was a tremendous team effort. We still have a lot of work to do!

ADRIAN - With a B Team against a B Team, the Mules still came out on top 32 to 22 over the Maples. Ron Huskins got the only Mule pin. However, Mark Boudreau won by default (he was leading 3-0) and Guy Rank won by forfeit. Kerry Cousino picked up a 2-0 verdict, Kevin Whittenburg won 4 to 3, Rick Joseph put together an 11-0 major decision, and Steve Klock and Jeff Folk pulled out a tie in their weights. It was close for the Mules and they needed every point they could get.

 $\overline{\text{TRENTON}}$ - The Trenton Torjans didn't have enough for the Mighty Mules. Pumping up a score of 45 to 12, the Mules dealt the Trojans a fatal blow with 7 falls. The falls were recorded by Tim Leffler (105-3:49), Rod Luttrell (126-3:40), Mike Venia (132-3:32), Scott Striggow (138-5:07), Tom Joseph (155-5:58), Craig Rank (167-4:30), and Bruce Heasley (Hvy-1:57). Bill Salisbury

came up with a very important win for Districts. He won 3 to 2 against a tough opponent. Good Job Wrestlers.

SYLVANIA - Bedford ended its league duals with a fine 57 to 3 performance over Sylvania in front of a large parents night crowd. This win puts the Mules at 47-1-0 in the league in the last 8 years. All that remains is the league tournament, and we will put 10 undefeated wrestlers into that meet. Doyle, Cousino, C. Joseph, Luttrell, R. Joseph, Striggow, T. Joseph, B. Salisbury, Heasley and Huskins are our leaders in that category. Kerry Cousino and Tony Weiderhold defeated two league place winners from last year. Chuck Joseph, Rod Luttrell, Tom Joseph, Craig Rank, Bruce Heasley and Ron Huskins secured falls for the Mules. Bill Salisbury belted his weak opponent for a 14 to 0 score and Rick Joseph won 8 to 0. Other winners were Mike Doyle and Mike Stockmaster. Jamie Simmons went up to 138 and lost 1 to 0 to the second place winner in the league at 132 last year. Good Job! Mules! - wrestle for the States.

WHITMER - Finishing up the year 13-1 in duals and with an exciting, crowd pleasing, 33 to 27 victory over Whitmer, the Mighty Mules of 1976 put themselves as one of the top teams in Bedford History. The Mules only won 7 matches but the margin was made by our 4 pins. Exciting matches were put in by: Mike Doyle who beat his opponent 8 to 6, Chuck Joseph who decked his opponent in 2:55, Rod Luttrell who pinned in the end at 5:14, Mike Stock-master who shoved his opponent around to the tune of 12 to 0 and then pinned him in 5:37, Tom Joseph who made the match close at 3 to 2, Bill Salisbury who wrestled his good steady match, and Bruce Heasley who finally put the meet away with a fall in 1:26. It sure was a very exciting match for the crowd and we were happy that we could end the dual season with a win. Our seniors night ended up successful for our seniors and we would sure like to wish our seniors Good Luck in their future years and we pray for their success in this life.

GOOD FORTUNE AND GOOD LUCK TO OUR SENIORS! HERE COMES THE GLL.

 $\overline{\text{GLL}}$ - For the eighth year in a row, the Mighty Mules force marched their way through another GLL Tournament to the tune of 184 pts. (another record total of points). You would think that you could only set so many records but the Mules just keep pileing them up year in and year out. This year it was point number and 100% winners in the final matches. Both consolation finalist and regular finalists. We also came up with 2 - 3χ GLL Champions, making it only three from Bedford since the league started. However, Bedford now has the most three time winners. Our Winners and Champions are:

So. - 98 Mike Doyle Champ - 2 pins - 4 to 3 in finals So. - 105 Kerry Cousino Champ - 5 to 4 & 3 to 2 in finals Jr. - 119 Chuck Joseph Champ - 2x Champ - 14-1 in finals Jr. - 126 Rod Luttrell Champ - 1 pin - 6-4 in finals So. - 132 Rich Joseph Champ - 2 pins - OT 3-2 in finals Sr. - 138 Scott Striggow Champ - 2x Champ-Forfeit in finals

Jr. - 175 Bill Salisbury Champ - 2x Champ - 2-1 in finals ***Sr. - 185 Bruce Heasley Champ - 3x Champ - 3 pins

Jr. - HWT Guy Rank 3rd.

For a couple other notes, Tom Joseph became the 2nd 3x GLL Champion from Bedford, and Bruce Heasley the 3rd. Bruce was voted as the outstanding wrestler of the Tournament by the coaches. This was Bruce's 2nd year of completely dominating the League at 185. He has pinned in every league match for the last 2 years. DISTRICTS ARE NEXT!!

DISTRICTS - With the conquering of the District field, the Mules Wrestling Team pushed another record into the record books. We went through our first season without a tournament loss on our records. The Districts became the 8th Tournament victory for the Mules this year. With the score tied at $37\frac{1}{2}$ and $37\frac{1}{2}$ against Adrian going into the final round, the Mules responded with a 6 pin finale and 8 qualifiers to the Regional Tournament at Walled Lake next week. Mules who scored pins were Chuck Joseph, Tom Joseph (:15), Craig Rank, Scott Striggow, Bill Salisbury, and Bruce Heasley (:15). Bruce and Tom both broke Craig's record in the pin category for this year. Both were a second under his time. Rod Luttrell and Mike Stockmaster were our other qualifiers. All of our qualifiers responded with strong 2nd round wins. Mike Doyle and Ron Huskins picked up first round pins for the Mules but both were eliminated in the next round. Tony Wiederhold lost in the first round and was eliminated. The Mules lost only 3 matches all day and recorded 12 pins out of 20 matches. Good Job Mules, two more to go!!

119 - Chuck Joseph.....2nd seed Jr.
126 - Rod Luttrell.....3rd seed Jr.
132 - Scott Striggow....1st seed Sr.
138 - Mike Stockmaster...6th seed Sr.
145 - Tom Joseph......1st seed Sr.
155 - Craig Rank......1st seed Sr.
167 - Bill Salisbury.....1st seed Jr.
185 - Bruce Heasley.....1st seed Sr.

REGIONALS - Just Wow!! What a great week-end for the Mules Wrestling Team. Seven went to the Regionals, and seven came back to qualify for the State Tournament. We had eight qualify for the Regionals, however, we lost Craig Rank during the week, due to a kidney ailment. We sure missed you Craig. I hope everything goes okay for you. It sure was a tight race in the whole tourament between Bedford and Jackson. The lead changed hands about five or six times until Scott Striggow put it to the Jackson 132 pounder. Then Tom Joseph, Bill Salisbury and Bruce Heasley put the contest far out of reach. Bedford won its first Regional Championship in the school's history. We also broke three more records: (1) Most Regional Champions, (2) Most points scored, (3) 1st 100% qualifying from regionals.

This was the most excellent Regional Tournament the Mules have wrestled in. It can be seen by each of the Mules that qualified. Chuck Joseph won his 2nd match to qualify by getting a takedown with 10 seconds remaining. Then in his consolation finals match he kept us ahead of Jackson with an excellent 9-4 win. Rod Luttrells first match was his most important match, he defeated a good John Glenn wrestler, who had beaten him previously, 6 to 0. Then fought the eventual champion to a 4 to 2 loss, his closest match. Scott Striggow came up with a 5 sec. 4 to 3 victory in his semi-final match, then pinned the Jackson opponent in the finals. Mike Stockmaster lost the first round, hurt his elbow, then came back with two very exciting victories, one 10-0 in overtime (first seed from our districts) and one 6 to 1. Tom Joseph was his steady, strong self. He recorded a pin, 7-0 and 11 to 2 victories. Bill Salisbury will be the talk of the State Tournament if he repeats what he did this week. Bill had a lack-lustre first match, but in his next two matches he put away two undefeated wrestlers. He pinned one and beat the other (40-0) opponent 10 to 1 in the finals. What an outstanding job. Bruce Heasley felt a little sick, which he was but came thru with 3 victories. All three were toughies and Bruce had to win his semi final match with a 17 second escape and TD to the tune of 4 to 3. Excellent, Excellent wrestling Bedford!!!

STATES - Thank you Lord!!! If we thought last week-end was something, then this week-end was something else. The Mules Wrestling Team is actually No. 1 in the whole State of Michigan. What a tremendous, tremendous group of young men. What tremendous, tremendous community support we had there. What tremendous, tremendous effort and pride was shown by our 7 young men through the whole weekend. Battling over sickness and losing matches our Mules fought to bring back the first team STATE CHAMPIONSHIP in the history of Bedford High School and in the history of Monroe County. Our Mules wanted the Bedford Wrestling Community to be No. 1 because they were all-ready No. 1 in their hearts.

Now we would like to tell you a little bit about each wrest-ler that was there that made all of this possible. They also told their coaching staff that without the tremendous help of our other wrestlers, we would not have been State Champions. Thanks Fred, Phil, Paul, Dan, Jamie, Richard, Dan Ditty, Paul Joseph and all of those who worked out with us those last two weeks to make us bet-

CHUCK JOSEPH - 119 - Won 2 lost 2 - Chuck wrestled the eventual 2nd place winner in his first match and gave him all he could handle. Chuck lost 8 to 6 with a last seconds reversal and tilt against him. But in that same day (Friday) he came back to win a 9 to 6 verdict with two near falls in the final period. Down 6 to 2 with two minutes remaining Chuck put his opponent down for a 2 and 3 point Near Fall. Following that he came on with an excellent 4 to 0 score over a good wrestler from Lansing Eastern. However, in his next match he fell short of placing by losing 4 to 0. It was a good shot for

this junior, we hope that he is looking forward to returning next year.

ROD LUTTRELL - 126 - Won 4 lost 2 placed 5th - Rod was one of two of our wrestlers who wrestled six tough, tough matches over the week-end. He started out his first match with the eventual State Champion who was undefeated in his last 66 Rod was the only wrestler to go through the first matches. period with this opponent without being taken down. Rod lost 3 to 2. However, he put his mind on coming back and come back he did against strong competition. In his first match coming back, he destroyed his opponent 5 to 0, that same night he eeked out a 1 to 0 verdict which kept his hopes alive for placing. Saturday morning Rod won with a second takedown and near fall for a score of 5 to 1. This assured him of a place. Then he had to wrestle Pulley to make it back in for 3rd and 4th. However Pulley handed Rod his second setback with a score of 7 to 3. So Rod had to battle for 5th and 6th place against his Adrian opponent who had defeated him last week. But Rod reversed the outcome this time and won by a strong 7 to 3 score to place 5th. That was a great job by this young man who improved as each match and each day progressed. We are looking forward to Rod's return.

BILL SALISBURY - 167 - Won 3 lost 2 - placed 5th - Bill started the tournament out with a bang on Friday by decking his first opponent in 2 minutes and 25 seconds. And then put himself into the semi finals with 10 to 2 major decision. But as good as Friday went, that's how bad he went on Saturday morning. Losing in his first match in overtime on a referees decision to his opponent from Ypsilanti who had beaten Bill in the same manner in the finals of the Detroit Tournament, Bill fought hard but fell short in his bid to get to the finals. Then Bill lost coming back for 3rd and 4th as a 3rd period rally fell short by 2 points. Down 5-1, Bill started coming back by taking his opponent down and letting him up but time ran out. However, Bill did place 5th by defeating his opponent 7 to 1. This was a good year for Bill and he was only fractions from being a state champion. We hope that he prepares himself as Tom did so that he might obtain it. We look forward to his return next year.

MIKE STOCKMASTER - 138 - Won 1 lost 2 - Who's Mike Stockmaster? That's the kind of question that was asked us about this hustler. If anyone ever wants to see an example of what mental power can do for an individual, they can look to Mike Stockmaster. Mike has exhibited sheer courage and hustle in all his matches, and came from nowhere to a GLL Championship, district seed, Regional fourth and wrestling in the State Tournament. Mike lost his first match to the eventual 4th place winner 5 to 3 and lost his 4th match to the eventual 3rd place winner 8 to 2. However, in his last match, the score was only 3 to 2 until Mike threw a desperation move to win it but instead gave away 5 points. In between those two matches. Mike was quite sick and still won 2 to 0 at

At the end of the match he immediately ran off the mat and vomited from being sick. Mike, great job. It turned out to be a great year for you. Thanks for your hustle and your inspiring wrestling. I know it made a difference to a lot of our wrestlers to know that perhaps they might be able to do what Mike Stockmaster did.

SCOTT STRIGGOW - 132 - won 4 lost 2 - placed 4th - Scott was our wrestler who wrestled 6 tough matches at the highly competitive state tournament. Scott also showed why he was elected by his team mates as a Co-Captain, this was by his leadership in coming back thru the consolation bracket. He won his first match rather handily by a score of 8 to 2. Then in his second match, Scott met the eventual runner-up and lost to him by a score of 5 to 3. Then he started his long road back to 4th place. He won his next match 7 to 4 and showed the way back for the underclassmen. Being behind 2-0 in his 4th match to an opponent that had beaten him way back in December, Scottie hit his faithful granby and worked it to a pin in 2 min. and 15 sec. In his match to get in for 3rd and 4th, Scott was down 2 to 0 and was getting pushed around the most until he again hit his trusty granby to put himself ahead 5 to 2 and eventually won 5 to 4. In his final match, Scott couldn't hit his granby and was caught once on his back very quickly and ended up 4th with a 2 to 0 loss. You had a marvelous year Scott. thank God for the help he gave you to be where you were, for there were many who ended their season behind you. You and Tom gave great leadership, you can be proud of this the most exciting year in Mule Wrestling History.

BRUCE HEASLEY - 185 - won 3 lost 1 - placed 2nd - Bruce has been a main stay on our Varsity team for three years and here at the 1976 State Championships, he showed why he has been. Wrestling four strong matches and keeping us out in front by gaining a birth in the finals, Bruce exhibited the power of the Mighty Mules Wrestling Team. Scoring 30 points to his opponents 8 points, Bruce marched thru his first three matches to the finals. None of his matches were even close. His first match was a battle between the two tall ones again, (Raterbusch of Bay City Western 6'7") in which Bruce again won by a score of 16-2. In his final match, he controlled the match all the way giving up an insignificant reversal at the end, but winning it 9 to 4. Thru his semi-final match, it was a battle for Bruce to keep his opponent on the mat and a battle to get him to wrestle. Meeting his only loss at 185 in the finals, undefeated Steve Fraser of Hazel Park, Bruce fought with honor and courage only to be thwarted again by his muscular foe by a score of 7 to 3. Bruce had nothing to be ashamed of and displayed all the courage of a Mule Wrestler. Just getting out of that 3/4 nelson took all the strength and energy and one could have. You have had an excellent year Bruce, with your 40 wins, and your advancment to the finals of the State Wrestling Tournament, you placed yourself among the elite of Bedford Annals. It has been a pleas-

ure to have been associated with you and all the seniors of your class. You have made Coach Swan and I very proud of being Bedford High School Wrestling Coaches. We thank God just for the opportunity he has given us to be associated with you and your teammates. We thank the seniors for this Championship.

TOM JOSEPH - 145 - Won 4 lost 0 - STATE CHAMPION - How do you describe a year of sweat, work, anticipation, frustration, and Victory. One year ago from that final match, Tom finished 6th in the State Tournament. From that day he decided he was going to be No. 1 the following year. Starting from that point, Tom began proparing himself for that day by running, by lifting weights, by competing in football in between that and by keeping that goal in sight thru his whole season. Never wavering, never letting up, never losing sight of where he wanted to be in the end and all the way thanking God for giving him the strength and power to be there. In his first match it looked as though he might not make it there. Leading by only a 4 to 2 margin, it appeared as though Tom was to be reversed and put on his back, but with only seconds to go Tom pulled out everythinginside and miraculously came out on top and won it 4 to 2. Following that match, Tom could hardly walk and sat for a long time in a corner of the Field house. Tom said he needed that match and from there on he continued his quest for a State title for himself and for his team. In his next two matches he registered shut-outs one was 7-0 and his semi-final was a superior decision at 12-0. Then his final match started with a bang as Abraham (a cousin) of Adrian put Tom on his back. Fortunately Tom's shoulders were outof-bounds and his opponent only got 2 points from it. Tom escaped, his opponent ran and it was 2 to 1 at the end of the first period. Then in the second period Tom was up and he lifted his opponent up gave him a penalty point by putting him out-of-bounds. The score was then 3 to 1. Tom then shoved his opponent all over the mat only to get a two point tilt and tying it up at 3 to 3. In the final period Tom escaped right away making the score 4 to 3. The only other scoring was by the official, giving Tom a stalling point making the final score 5 to 3. His opponent being content with losing by such a low score. Following that, everyone could see the pressure of an undefeated season fall from the shoulders of Tom as he raised both fingers to the ceiling to announce that he was the Victor. I trink he could tell you then that all that work was worth every minute of it. 44-0-0 what a year for you and for your team mates. Your senior class made history in Bedford Wrestling and perhaps has made an in road to the biggest thing in wrestling, the State Tourney. For starting in the 9th grade, you sure have shown what hard work and dedication can do for an individual. You are a winner and will always be a winner as long as you keep the same relationship with God that you did this year and as long as you keep your sights high.

My heart will always remember a group of seven individuals who got together as a team and set out to become number one in the whole State of Michigan and stayed together and fought to that top position. You all made our community so proud of you and of this accomplishment. We finally gave our community an identity, we took them to the top of the hill, gave them something to have faith in, and we did not let them down. Our thoughts were unselfish and as has been said in the past one can perform for others better than he can perform for himself because he can give up on himself, but he can't on someone else. Right Mike!! God Bless You men for your efforts and thank you for everything.

WRESTLER OF THE MEET

1975-1976

BEDFORD INVITATIONAL - Tom Joseph - 155 - With three pins in 5 minutes and 16 seconds, Tom fought thru a fairly strong weight class. However, he was out and above the rest of the competition. Tom also received the Hustler award for his three pins beating out team mate Tony Weiderhold in his final match. He showed excellent style and strength. Nice Hustle Tom.

 $\frac{\text{SPRINGFIELD}}{175}$ - $\frac{\text{Paul}}{175}$ Stokes - 175 - The Mules were down 22-16 at 175 and the stage was set for a great comeback led by none other than senior Paul Stokes. Paul was taken down in the first period, but fought back hard to pin his opponent in 5:07 of the 3rd period. This pin put us back in the race for the Victory. Great Job Paul!

BATTLECREEK TOURNAMENT - OUR FOUR CHAMPIONS:
Chuck Joseph - 119 - Put together his best tournament so

far this year. 126 - Had only two escapes scored against Rod Luttrell him and defeated the 1st and 2nd seeded wrestlers.

Tom Joseph - 155 - Voted as Outstanding Wrestler of the tournament by the coaches and officials. He had a close second match, but took command after that.

Bill Salisbury - 185 - Starting slow and coming on strong, Bill won an excellent tournament.

LANSING INVITATIONAL - TEAM: Mike Doyle - 98 - 2 pins Kerry Cousino - 105 - 1 major

Tony Weiderhold - 112 - 2 wins Chuck Joseph - 119 - 1 win Rod Luttrell - 126 - 2nd Jamie Simmons - 132 - 1 pin

Scott Striggow - 138 - 4th Fred Alcock - 145 - 2 pins 1 superior Tom Joseph - 155 - CHAMPION
Paul Stokes - 167 - 1 pin
Bruce Heasley - 185 - CHAMPION
Ron Huskins - Hvy - 2 pins

 $\frac{\text{ADRIAN}}{\text{the Mules}}$ - Bruce Heasley - Hvy - Bruce pulled the match out for the Mules with a pin in 3:13. We were down 25-22 going into Bruce's match. But he came up with the big pin and made the Mules a winner. Thanks Bruce!!

<u>WALLED LAKE WESTERN</u> - <u>Bob Snyder</u> - 155 - Bob wrestled his first varsity match of the season and looked good doing it. Bobby came up with a good 15-0 superior decision. Keep your head up and keep going Bob!

<u>WAYNE</u> - <u>SCOTT STRIGGOW</u> - 138 - Scott earned this vote from his team mates because he never stops trying and in this match, he pinned one of Waynes undefeated wrestlers. Nice Hustle Scott.

ROGERS TOURNAMENT - Champions 4.

Rod Luttrell

126 - Rod started slowly with a close match in his first round, then commenced to get stronger and stronger and finished with a'

strong pin in the finals.

Tom Joseph

155 - Tom wrestled 3 excellent opponents and came up with three excellent wins. His last match was a revenge match. Tom defeated Cummins of AAH who beat Tom last year in the

State Tournament for 5th and 6th.

Bill Salisbury 175 - Bill put his best tournament together this week. He started it out with a pin, and ended it with a pin. Bill showed excellent strength and power here and finally started

moving.

Bruce Heasley 185 - Dropping to 185 again, Bruce displayed excellent control and power at this weight.

Bruce had 2 pins and a major decision in the

finals.

Good Job Fellows. You looked very tough.

FOSTORIA - Kelly Stanley - 145 - Behind most of his match, Kelly Kept good pressure on his opponent and pushed him until he couldn't go any more. And Kelly ended up on top at the end. Nice Hustle Kelly.

ANN ARBOR HURON TOURNAMENT - It has to be our 4 Champions.

Chuck Joseph 119 - Completely dominated his opponent who had previously defeated him in the Lansing Tourney.

Chuck came on tough with a 7-0 victory.

Rod Luttrell 126 - Scoring an 8 to 1 victory over his opponent who had previously defeated him in the Bed-

ford Tourney finals.

Tom Joseph
155 - Met Cummins of AA Huron and scored an even more impressive victory over him this time than he did in the Rogers Tournery. Tom just out

horsed him to the tune of 9 to 2.

Bruce Heasley - 185 - Bruce had probably his most important and most impressive match of the year. He pushed and crunched his way to a 15-0 victory over Brouchert of WLW who had defeated Bruce in the Regionals last year.

Excellent wrestling by four excellent champions. Tremendous job

Champs:

PORT CLINTON - Phil Whaley - 145 - Coming back after a long lay-off, Phil fought to well earned 8 to 5 win. He did have his opponent on his back in the first period, however, one of the wrestlers kicked the ref in the head and knocked him out so he couldn't call the fall. Phil stuck with it though and kept hustling to a win. Nice comeback Phil.

ST. FRANCIS - TEAM - What an excellent team effort!

98- Mike Doyle - forfeit

105- Kerry Cousino - 2-1 over 5&1 opponent

112- Kevin Whitenburg - lost 5-0 but gutted thru on his first drop.

119- Chuck Joseph - Fall 4:21

126- Rod Luttrell - Forfeit 132- Rich Joseph - 9-5 over outstanding

opponent

138- Scott Striggow - Fall 5:53

145- Phil Whaley - Fall 1:59 155- Tom Joseph - Fall 1:19 167- Craig Rank - 7 to 3 posting 185- Bill Salisbury - 9 to 2 drilling HWT.- Buce Heasley - 12 to 5 jamming

BOWLING GREEN - Mike Stockmaster - 145 - Wrestling his first match of the season, Mike displayed a lot of Hustle and determination. Mike was leading by a 13 to 4 score before he finally put his opponent away at 5:14 in the match. Good Work!! Nice Gut!! Mike!!

Craig Rank - 167 - a quick deck got Craig a quick vote from his team mates. Good Job Craig!!

 $\frac{\text{CLAY}}{\text{GLL}}$ - $\frac{\text{Rod Luttrell}}{\text{Inst}}$ - $\frac{\text{Rod Luttrell}}{\text{Rod commenced}}$ - $\frac{\text{Rod Luttrell}}{\text{Nod commenced}}$ - $\frac{\text{Rod Luttrell}}{\text{Inst}}$ - $\frac{\text{Rod Luttrell}}{\text{Rod commenced}}$ - $\frac{\text{Rod Luttrell}}{\text{Inst}}$ - $\frac{\text{Rod Lu$ finished up ahead 6 to 2. Excellent wrestling Rod.

 $\underline{\text{DETROIT CC}}$ - $\underline{\text{Tom Joseph}}$ - 147 - Voted MVW by the coaches at the tournament, and getting the most pins in the least amount of time, Tom put together an excellent tournament with 3 pins and a major decision in the finals. This helped give us another 4½ points closer to the leaders.

Craig Rank - 157 - Met the leaders head on and put the Mules out front by $\frac{1}{2}$ point, the final margin of victory. Craig had his best tournament ever and it was only fitting that Craig would do it for Bedford. Thanks to you Craig for coming thru at that point.

Nice Hustle Tom and Craig!

ADRIAN - Ron Huskins - Hvy - Ron came up with the only pin of the meet for Bedford. He decked his opponent in 3 minutes, to pull B Bedford over the Maple Leafs 32 to 22. Nice Job Ron.

 $\overline{\text{TRENTON}}$ - $\overline{\text{Bill Salisbury}}$ - 185 - Wrestling one of Trenton's tougher wrestlers. Bill came up with a very important victory for himself for district seeding consideration. Good work Bill.

SYLVANIA - Tony Weiderhold - 112 - Tony's opponent placed third last year at 112 to Martinez and our own Jim Long, but that did not discourage Tony from this match. Wrestling in front of a Parents Night crowd, Tony put together his best match of the year for a 9 to 3 victory. Congratulations Tony, we're glad to see you do it in front of your Dad!!

WHITMER - Mike Stockmaster - 138 - Mike lost 7 pounds the day before and was pushing his opponent around for a 12 to 0 score and finally decked him in 5:37. This was an important win for the Mules Mike. Great Job!!

GLL - CHAMPIONS - 10 -

185 - Bruce Heasley - MVW by coaches - 3 pins $$\rm 3x~GLL~CHAMP$ - 3rd one from Bedford

155 - Tom Joseph - 3x GLL CHAMP - 2nd one from Bedford

98 - Doyle, Mike - CHAMPION

105 - Cousino, Kerry - CHAMPION
119 - Joseph, Chuck - 2x CHAMPION
126 - Luttrell, Rod - CHAMPION
132 - Joseph, Rich - CHAMPION
138 - Striggow, Scott - 2x CHAMPION
145 - Stockmaster, Mike - CHAMPION
175 - Salisbury, Bill - 2x CHAMPION

INDIVIDUAL RECORDS 1975-1976

Mike Doyle - Sophmore 98

Overall record - 24-15-0......Dual Record 8-3-0 GLL CHAMPION - Bedford Tournament 4th, Battlecreek Lakeview Tournament 3rd, Rogers Tournament 4th, Ann Arbor Huron 4th. Mike has the most wins this year of any sophmore on the team. Showing good improvement as the year went on, Mike also wrestled the most number of matches of any sophmore we have had (39). We're looking forward to his next two years at Bedford.

Steve Klock - Sophmore

Overall record - 2-4-1......Dual Record 2-2-1 Steve wrestled J.V.'s for most of the year at 98, but for a few matches Steve took the challenge of wrestling Varsity at 105 (even though he only weighed 95 himself).

105

Kerry Cousino - Sophmore
Overall record 16-10-0......Dual Record 8-4-0
GLL CHAMPION - 2nd Battlecreek Tournament, 3rd Ann Arbor Huron Tournament. Kerry showed great improvement as the year went on. Starting in January, Kerry wrestled to a 10-2-0 record and was competing against tough competition going into the District tournament. However, the week of the districts, he got a lung infection and could not finish his season. Kerry did wrestle and win the GLL with only two days of practice, again because of lung infection. We hope that he recovers and is ready and raring to go next year.

Tim Leffler - Sophmore

Dual record - 1-0-0

Tim wrestled J.V.'s all year and his lone match on Varsity was at 105 and won by a fall.

112

Tony Weiderhold - Junior

Overall record - 9-17-0......Dual Record 3-8-0
2 years10-18-0.........2 years.... 4-9-0
3rd Bedford Tournament. Tony worked hard early in the
year and found a spot on the Mules Varsity. His big day in sports occurred in the Clay and Sylvania dual meets where he defeated the eventual league champion and 3rd place winner in the league.

Lex Potter - Junior

Overall record - 5-3-0.................Dual Record 2-0-0 3rd Rogers Tournament. Lex came up with a big win in the Springfield meet at 119, and wrestled in the Ann Arbor Tournament for us. but after that had medical problems with his legs and back and could not get back into our line-up.

<u>Jim Labadie</u> - Junior Dual Record - 1-0-0

Jim's lone match was against Fostoria where he came up with a victory. Jim wrestled J.V's most of the year.

Les Poulson - Junior

2 year overall record - 4-7-1.....Dual Record 0-1-0 Les wrestled J.V.'s most of the year. But has always been ready to wrestle Varsity.

119 Chuck Joseph - Junior

up for the past 2 years as can be seen by his record. We are looking forward to his Senior year next year. Chuck was 2nd in the Bedford Tournament, CHAMPION in the Battlecreek Tournament, 2nd Rogers Tournament, CHAMPION Ann Arbor Huron Tournament, 4th Detroit CC Tournament, 2x GLL CHAMPION, DISTRICT QUALIFIER 2nd seed, 3rd in the Regionals and won 2 and lost 2 in the State Tournament.

119

Kevin Whitenburg - Sophmore
Overall record 1-2-0.....Dual record 1-2-0
Kevin displayed a lot of courage and determination in his attempt to be a varsity competitor. However, he wrestled mostly J.V.'s and had an outstanding record with them.

126

Rod Luttrell - Junior
Overall record 38-9-0......Dual record 12-1-0
2 yrs. record 42-13-0.....2 yr. record 16-2-0
Rod presented Mule Country with a small sample of his wrestling prowess. Of all our wrestlers that came from the J.V.'s last year, Rod became a very strong point in our powerful tournament team this year as can be seen by his p placing in every tournament. Road was 2nd Bedford Tournament, CHAMPION at the Battlecreek Tournament, CHAMPION Ann Arbor Huron Tournament, 4th in Detroit CC Tournament, GLL CHAMPION, District Qualifier 3rd seed, 4th Regionals, and 5th in the STATES. Rod wrestled 6 matches at the States, winning 4 and losing 2. Rod's 47 matches this year puts as the most any varsity wrestler has ever had in one season.

Mark Boudreau - Junior Dual record 1-0-0

Mark's lone match was against Adrian where he was just too tough and his opponent defaulted to him. had an excellent J.V. record.

132

Scott Striggow - Senior - Co-Captain
Overall record 37-8-0.....Dual Record 11-0-0 3 yr. record 62-19-2.....3 yr. record 23-1-1
Scott without a doubt has to go down as one of our wrestlers in the great Bedford Tradition. With tremendous desire, determination, and Hustle, he has been a mainstay in our line-up for the past two years and part of his record is proof of his work. Two full years and ½ year of dual meet wrestling brought only 1 defeat and 1 tie. What an outstanding individual. Our only regret is that we will lose him to graduation. We will truly miss a leader like you Scott. Scott wrestled most of the year at 138, however, he made the cut to 132 for the State Tournaments and there placed himself in an elite class of Bedford Wrestlers. The following are his places: CHAMPION-Bedford Tournament, 2nd Battlecreek Tournament, 4th Lansing Tournament, 2nd Rogers Tournament, 2nd Ann Arbor Tournament, 2nd Detroit CC Tournament, 2x GLL Champions, District Qualifier 1st seed, REGIONAL CHAMPION, 4th in the STates. Scott was our other wrestler who had to wrestle 6 matches. in the tough State competition and there he won 4 and lost 2. Scott led the comeback bid of our wrestler in the consolation brackets. Great year Scott, we will miss you in our wrestling room.

Richard Joseph - Sophmore

Overall record 15-5-1......Dual record 6-2-1 GLL CHAMPION, 2nd Bedford Tournament, 2nd Battlecreek Tournament, 2nd Ann Arbor Tournament. Richard is our 3rd Sophmore this year to win the league and he also has not placed less than 2nd in any tournament since he has been wrestling. Rich was our steady 132 pounder this year and was cut out when Scott cut to 132. We look to two more excellent years from Richard.

Simmons, Jamie - Senior
Overall record 2-5-0......Dual record 1-2-0
3 yr. record 19-27-2.....3 yr. record 6-13-2
Last year Jamie was our league Champion at 98 and in
the time between his junior and senior year, he sprouted
to a large 132 pounds. But his work in the wrestling room
was surpassed by none. And Jamie also helped us to prepare
for the States Tournament. Thanks for your help Jamie.

Mike Venia - Junior Dual record 1-1-0

Mike came back to wrestling this year and sure was good to see him. Although he wrestled mostly J.V.'s this year, he looked like he had a lot of his wrestling and technique coming back to him. We hope to see him out there next year.

<u>Dan Mockensturm</u> - Senior <u>Dual record 0-1-0</u>

For any senior to stay out for wrestling even though he cannot make the line-up is in itself quite an accomplishment. But we had approximately 5 seniors who did just that this year. And they were five great people who kept our practices moving and helped us prepare for our final victory. Danny was one of those tremendous seniors. Thanks Dan!

Mike Stockmaster - Senior

138

Overall record 11-6-0......Dual record 3-1-0

Mike is three examples for others to look to. One you could say that he was an example of a cinderella story, coming from nowhere and going somewhere. You could also say that he is an example of what hard, persistant, hustling work can do for an individual. He is probably more than any of these, an example of what mental power and goal setting can do for an individual. Mike did not begin wrestling for us until the middle of January, mostly due to injury and then the death of his Father kept him from being a regular. But once he made it in the line-up, there was no getting him out. No one could believe where he came from or what he was doing in our line-up, but Coach Swan said in December that Mike would be a regular for us by January, and a regular he was. He won the GLL CHAMPIONSHIP at 145, then cut to 138 and was a District Qualifier in the 3rd seeded position, then with a busted up elbow, he placed 4th in the Regionals, following that, Mike went to the States and won one match for our State Championship.

Jeff Folk - Sophmore
Dual record 0-0-1
Jeff wrestled all J.V.'s this year. With one meet on the Varsity level.

145

Tom Joseph - Senior - Co-Captain - STATE CHAMPION
Overall record 44-0-0......Dual record 12-0-0
3 yr. record 88-16-0.....3 yr. record 27-5-0
Tom has placed himself in a very select position in six
categories of Bedford Wrestling tradition: (1) He is only the
second wrestler in Bedford history to complete an undefeated
season(Denny Brighton 1973-45-0). (2) He was the 2nd Bedford
Wrestler to conquer the GLL Tournament for 3 years. Now there
are three who have done this (Denny 72-74, Bruce Heasley 74-76),
and Tom 74-76). (4) He is one of 4 wrestlers who have placed
twice in the State Tournament (Paul Ceravolo 4th 68-69, John
Hittler 3rd and 1st 69-70, Denny Brighton 2x State Champ, and
Tom 6th and 1st 75-76). (5) And of course he is one of 6 State
Champs from Mule Country (Dave Long '67, John Hittler '70, Tom
Alexander '73, Denny Brighton '73 and '74, and Tom Joseph '76.
(6) The second wrestler to be named to the Detroit News AllState team (Denny Brighton 73-74).

Ever since last year, when Tom placed sixth in the States
after losing only 4 to 2 in overtime to the eventual champion

Ever since last year, when Tom placed sixth in the States after losing only 4 to 2 in overtime to the eventual champion, he started to train to become the one thing he wanted most a State CHAMPION. And that he did, plus an undefeated season. Tom wrestled at both 155 and 145. He was at 145 for his third straight year. He was Bedford Tournament CHAMPION (also voted outstanding wrestler by the opposing coaches), Battlecreek Tournament CHAMPION (also voted outstanding wrestler by the opposing coaches), Lansing Tournament CHAMPION, Rogers Tournament CHAMPION, Ann Arbor Tournament CHAMPION, Detroit CC Tournament CHAMPION (also Most pins in the least amount of time and voted as outstanding wrestler by the opposing coaches), 3x GLL CHAMPION, District Qualifier 1st seed, 2x Regional CHAMPION, STATE CHAMPION that list 10 tournament Championships. That's an excellent record by an excellent person who only started wrestling in the 9th grade. But has built himself to the top eschelons of Bedford Wrestling History. Good fortune to you Tom, and remember where you recieved all that talent and don't forget to thank HIM everyday.

Fred Alcock - Senior
Overall record 8-7-0.......Dual record 2-2-0
3 yrs. record 16-20-2......3 yrs. record 5-8-2
Fred was one of our hustling seniors this year. He
started out the season in the Varsity line-up until just before the Rogers Tournament where he dislocated his shoulder
After that it was difficult for Fred to get his weight back
down and he found himself helping us become State Champs.
Of all our wrestlers watching, Fred seemed the most thrilled
for our kids, and I know he wanted to be out there and probably could have on any other team. Fred has been a consistent hustler and hard worker in our wrestling room and thru
his contributions we have become No. I in the whole State
of Michigan.

He was second in the Bedford Tournament and won 2 big matched in the Lansing Tournament. Thanks Fred for your unselfish manner, and hustle for our Mules.

145

Phil Whaley - Senior
Overall record 2-4-0Dual record 2-4-0
Phil is also another of our seniors who has dedicated his work for three years to Bedford Wrestling. I know that we gained from Phil being in our wrestling program and wrestling room. I only hope that he has gained from us as much as we have gained from him. Ever since his sophmore year, Phil has been a mainstay in our program, always ready to work, always ready to volunteer his services. During the final three weeks, Phil was one of our wrestlers who did not miss a day of working out with our Varsity and making them Champions. Phil's greatest match this year, was his win over his St. Franicis opponent by a pin and helping us run up a good score of 51 to 3. Phil thanks for your help this year, we are going to miss seniors like you, Seniors dedicated to making Bedford the best anywhere! Guys like you make us stay in the field of coaching.

Kelly Stanley - Junior
Overall record 1-3-0.....Dual record 1-0-0
Kelly wrestled a lot on our J.V.'s and did an excellent job for Bedford. He also helped us in the Fostoria meet.

155

Craig Rank - Senior

Overall record 20-7-1...........Dual record 5-3-1

3 yrs record 55-28-1...........3 yrs. record 19-10-1

Craig again for the 2nd year in a row, was cut short in his season because of injury and sickness. Early in the year Craig was laid up because of a sprained ankle. This took approximately 3 weeks off his season. Then in the latter part of the season just as he qualified for the Regionals, he had his wrestling year cut short by a kidney infection. This sidelined him for the rest of the year. Craig placed in the following: Bedford Tournament CHAMPION, 4th Battlecreek Tournament, Detroit CC Tournament CHAMPION (in which Craig won the tournament for us), 3rd GLL Tournament and 1st seed District Qualifier. Craig's hustle and leadership in the wrestling room were an essential part of Bedford Wrestling this year and were important factors in our success. This was a great contribution by a great young man. Thanks for your help Craig, you were a tremendous asset to our TEAM!!

Bob Snyder - Junior
Overall record 2-2-0......Dual record 2-2-0
2 yrs. record 6-6-0.....2 yrs. record 2-2-0
Bob wrestled on the J.V.'s for another year, however,
he was one of our better wrestlers in the wrestling room.
He just happened to have been in a weight area where we were
loaded with good people. We hope to see a lot more of Bob
next year.

HVY

Ron Huskins - Sophmore

Overall record 10-9-0............Dual record 6-1-0 Ron did a very good job for a youngster in the heavier weight class area. These people are usually juniors and seniors and Ron battled even with a lot of them. He has two more years and if he works at it, he could be a very tough one. Ron was undefeated in league action, but in his match just before the league tournament, he injured his shoulder and could not compete. However, he did come back in the Districts and got a fall for the Mules. Keep working Ron, you could be a good one.

Guy Rank - Junior

Overall record 4-1-0......Dual record 1-0-0

2 yrs record 7-2-0.....Dual record 2-0-0

Guy was injured most of the year, and didn't break

into the line-up until the GLL Tournament. And then because
of our strength at our upper weights, he had to challenge at
heavy weight. Since Ron was hurt, Guy got to go, and there
he placed 3rd with a good effort against heavier people.

Now all he'll have to do is get himself ready for next year.
We think he is pretty tough when he wants to be. We hope to
see you in there Guy.

BEDFORD GLL CHAMPIONS

| 1976 - 184 pts. New | Record | 1971 - 114 pts. | |
|--|--|--|----------------------------------|
| Mike Doyle | 98 | Bob Brighton | 98* |
| | 105 | Tim Churchill | 105 |
| | 112** | Jim Hittler | 132 |
| | 126 | Tom Alexander | 138 |
| | 132 | Herb Siewert | 167 |
| | 138** | 1070 100 | |
| | 145 | 1970 - 123 pts. | 00 |
| | 155*** 175*** | Bob Brighton | 98 130** |
| | 1/5^^^ 185*** | Dave Boudreau | 130^^ |
| bruce neasiey | 105 " " " | Rick Green Doug Luttrell | 145 |
| 1975 159½ pts. | Record | John Hittler | 167**+ |
| Jamie Simmons | 98 | Ralph Lawn | Hvy |
| | 112** | Kaipii Lawii | 11 V y |
| | 119 | 1969 - 114 pts. | |
| | 126** | Dan Turner | 112+ |
| | 132 | Dave Boudreau | 120 |
| Gary Long | 138** | Dick Brighton | 127 |
| | 145** | Mike Burton | 133 |
| | 155** | Joe Bollin | 138 |
| | 17.5* | Paul Ceravolo | 145** |
| | 185** | John Hittler | 154 |
| | Hvy** | Tim France | 175 |
| | | | |
| | <u>Record</u> | 1968 | 1 2 0 1 1 |
| | 112 | Tom Chevalier | 112** |
| | 119 | (First two-time Char | |
| | 126*** | Paul Ceravolo | 145 |
| | 138 145 | 1967 | |
| | 155 | Tom Chevalier | 103 |
| | 175 | Steve Riffle | 138 |
| | 185 | John Ufer | 154 |
| | Hvy | John J.C. | 134 |
| body modelicy | v <i>y</i> | 1965 | |
| 1973 - Based on Dual | Record | Cnog Pannac | 112 |
| | | areg rappas | 1 1 4 |
| Gary Long | 105 | Greg Pappas Ron Huepenbecker | 175 |
| | | | |
| John Rank | 105 | Ron Huepenbecker | 175 |
| John Rank Tom Alexander | 105 112 | Ron Huepenbecker Larry Dashner 1964 | 175 Hvy |
| John Rank Tom Alexander | 105 112 138** | Ron Huepenbecker Larry Dashner | 175 |
| John Rank Tom Alexander Dan Ditty | 105 112 138** 145** | Ron Huepenbecker Larry Dashner 1964 Tom Miller | 175 Hvy |
| John Rank Tom Alexander Dan Ditty 1 1972 - 120½ pts. | 105 112 138** 145** Hvy | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 | 175 Hvy 112 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton | 105 112 138** 145** Hvy | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer | 175 Hvy 112 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill | 105 112 138** 145** Hvy 98 112* | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 | 175 Hvy 112 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill Joe Lengel | 105 112 138** 145** Hvy 98 112* 119 | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer Dave Briskey | 175 Hvy 112 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill Joe Lengel Steve Young | 105 112 138** 145** Hvy 98 112* 119 | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer Dave Briskey 1962 | 175 Hvy 112 712+ 145 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill Joe Lengel Steve Young John Rank | 105 112 138** 145** Hvy 98 112* 119 126 | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer Dave Briskey 1962 John Pappas | 175 Hvy 112 112+ 145 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill Joe Lengel Steve Young John Rank Tim Ermish | 105 112 138** 145** Hvy 98 112* 119 126 138 | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer Dave Briskey 1962 John Pappas Chuck Halhaber | 175 Hvy 112 112+ 145 |
| John Rank Tom Alexander Dan Ditty 1972 - 120½ pts. Denny Brighton Tim Churchill Joe Lengel Steve Young John Rank Tim Ermish | 105 112 138** 145** Hvy 98 112* 119 126 | Ron Huepenbecker Larry Dashner 1964 Tom Miller 1963 Bob Ufer Dave Briskey 1962 John Pappas | 175 Hvy 112 112+ 145 |

^{***}

³x GLL CHAMPION TWO TIME GLL CHAMPION OUTSTANDING GLL WRESTLER

STATE TOURNAMENT WINNERS

<u>District Champions</u>

| 1976 - Qualifiers | | <u> 1973 - Qualifiers</u> | |
|-----------------------|---------------|---------------------------|--------|
| Chuck Joseph | 119 | Dennis Brighton | 98 |
| Rod Luttrell | 126 | Keith Lawn | 126 |
| Scott Striggow | 132 | John Rank | 138 |
| Mike Stockmaster | 138 | Tom Alexander | 145 |
| Tom Joseph | 145 | Paul Nash | 155 |
| Craig Rank | 155 | Gary Wolfe | 167 |
| Bill Salisbury | 167 | 3.4. y o , , o | 107 |
| Bruce Heasley | 185 | 1972 - Qualifiers | |
| Diagonay | 100 | Dennis Brighton | 101 |
| 1975 Qualifiers*(Most | Oualifiers) | Tim Churchill | 115 |
| Steve Rosswurm | 105 | Bob Brighton | 158 |
| Jim Long | 112 | Terry Butz | 170 |
| Glenn Whittaker | 119 | Terry Butz | 170 |
| Scott Striggow | 126 | 1971 - Qualifier | |
| Gary Long | 132 | Tim Churchill | 105 |
| Keith Lawn | 138 | IIII CHUICHIII | 105 |
| Tom Joseph | 145 | 1070 Oualifions | |
| | 155 | 1970 - Qualifiers | 120 |
| Craig Rank | 185 | Dave Boudreau | 130 |
| Bruce Heasley | | John Hittler | 154** |
| Doug Heasley | HVY | Mark Green | 165** |
| 1074 Ouglifions | | Ra1ph Lawn | H·V Y |
| 1974 - Qualifiers | 119 | 1060 0 | |
| Dennis Brighton | | 1969 - Qualifiers | 7.00 |
| Keith Lawn | 126 | Dick Brighton | 120 |
| Gary Long | 132 | Paul Ceravolo | 145 |
| Paul Nash | 155 | John Hittler | 154 |
| Jeff McAdam | 185 | Mark_Green | 165 |
| Doug Heasley | HVY | Tim France | 175 |
| | Regional Cham | pions | |
| 1976 Most Champions | * | 1970 | |
| Scott Striggow | 132 | Rick Green | 123 |
| Tom Joseph | 145*** | NICK Green | 123 |
| Bill Salisbury | 167 | 1969 | |
| Bruce Heasley | 185 | Paul Ceravolo | 145*** |
| bruce heastey | 103 | raul celavolo | 145 |
| 1975 | | 1968 | |
| Gary Long | 132 | Tom Chevalier | 112 |
| Keith Lawn | 138 | Paul Ceravolo | 145 |
| Tom Joseph | 145 | 1441 66144010 | 143 |
| 10111 003epti | 170 | 1966 | |
| 1974 | | Ralph Wingate | НУҮ |
| Denny Brighton | 119*** | Kaiph Wingace | 11 ¥ 1 |
| benny by ighton | 113 | 1962 | |
| 1973 | | John Pappas | 112 |
| Denny Brighton | 98 | σσιιι ταρρασ | 114 |
| DEIGHT DITUHEUN | Y A | | |
| | 98 | | |
| | 98 | | |
| 1972 Tim Ermish | 155 | | |

STATE PLACE WINNERS

| 1976 Rod Luttrell Scott Striggow Tom Joseph Bill Salisbury Bruce Heasley | 126 138 155 175 185 | Fifth Fourth Champion Fifth Second |
|--|---------------------------------|---|
| 1975 Keith Lawn Gary Long Tom Joseph | 138 132 145 | Fourth Sixth Sixth |
| 1974 Denny Brighton Doug Heasley | 119 HVY | Champion**** Fourth |
| 1973 Denny Brighton Tom Alexander | 98 145 | Champion Champion |
| 1972 Tim Churchill Bob Brighton Tim Ermish | 115 119 155 | Third Fourth Fourth |
| 1970 John Hittler Ralph Lawn | 1 5 7 H V Y | Champion Fourth |
| 1969 John Hittler Paul Ceravolo | 1 5 4 1 4 5 | Third Fourth |
| 1968 Tom Chevalier Paul Ceravolo | 112 145 | Third Fourth |
| 1967 Dave Long | 165 | Champion |
| 1962 John Pappas | 105 | Fourth |
| | ALL AMERICANS | |
| *1970 John Hittler | 154 | 2 All-American Teams (Scholastic Wrestling Teams) (Amateur Wrestling Teams) |
| 1974 Dennis Brighton | 119 | 3 All-American Teams |
| *Bedford's First **Two Time Distr ***Two Time Region ****First Two Time | ict Champion nal Champion | (Scholastic Wrestling News) (Amateur Wrestling News) (College Coaches of Young Wrestlers) |

BEDFORD HIGH SCHOOL WRESTLING

Final Statistics 1975-76

| NAME | RECORD | <u>T D</u> | <u>R</u> | 3 <u>E</u> | pt. <u>NF</u> | 2 pt. NF | FALL | <u>S D</u> | MD D | <u>EF</u> | <u>Pts</u> . |
|---|---|---|--|--|--|---|--|---|--|---------------|--|
| Joseph, T. Heasley, B. Striggow, S. Luttell, R. Salisbury, B. Joseph, C. Doyle, M. Rank, C. Stockmaster, Joseph, R. Cousino, K. Alcock, F. Wiederhold, T. Stokes, P. Huskins, R. Simmons, J. Whaley, P. | 31-8-1 24-15-0 20-7-1 M.11-6-0 15-5-1 16-10-1 8-7-0 9-17-0 4-2-0 10-9-0 2-5-0 2-4-0 | *64 49 22 48 45 47 34 43 18 27 12 27 12 32 | 17 14 *34 23 16 16 16 11 16 8 6 14 28 1 14 23 | 21 24 16 33 30 *34 11 15 13 17 19 4 2 1 | 22 23 22 16 18 21 18 13 11 13 11 8 3 | *31 25 12 11 14 25 13 9 7 9 3 8 2 6 1 | 23 26 22 9 13 15 7 4 6 1 4 3 2 8 1 | 5 2 2 3 2 2 1 1 7 | 2 1 2 2 4 2 5 1 2 3 | 1 2 2 1 1 1 1 | 489 447 389 366 340 331 202 172 167 136 125 100 89 81 80 70 67 |
| Mockunstrum, [Rank, G. Potter, L. Klock, S. Snyder, B. Stanley, K. Whittenburg, Venia, M. Leffler, T. Boudreau, M. Labadie, J. Folk, J. Paulson, L. | 0. 0-1-0 4-1-0 5-3-0 2-4-1 2-2-0 1-3-0 K. 1-2-0 1-1-0 1-0-0 1-0-0 1-0-0 0-0-1 0-1-0 | 1 3 16 5 3 2 1 3 1 | 1 4 5 4 2 2 1 | 7 1 3 4 1 2 1 | 2 1 4 3 | 1 1 2 1 | 1 1 1 | | 1 | 1 | 50 30 23 20 18 12 10 7 6 3 2 |
| TEAM TOTALS OPPONENTS | 364-139-6 | 508 234 | 259 230 | 296 263 | 214 91 | 191 63 | 158 34 | 21 4 | 29 1 12 | 2 | |

^{*}Denotes this year's top score

INDIVIDUAL RECORDS

| Most Valuable Wrestlers | TOM JOSEPH | 1976 | 489 PTS. |
|-------------------------|--------------------------|--------------|--------------|
| | Keith Lawn | 1975 | 365 pts. |
| | Denny Brighton | 1974 | 441 pts. |
| | Denny Brighton | 1973 | 392 pts. |
| | Tom Alexander | 1973 | 268 pts. |
| | Dan Ditty | 1973 | 264 pts. |
| | Tîm Churchill | 1972 | 309 pts. |
| | Tim Ermish | 1972 | 273 pts. |
| | Jim Hittler | 1971 | 178 pts |
| | John Hittler | 1970 | 344 pts. |
| | Paul Ceravolo | 1969 | 165 pts. |
| | Mike Burton . | 1969 | 156 pts. |
| | Tom Chevalier | 1968 | 162 pts. |
| | Dave Long | 1967 | 120 pts. |
| | Ralph Wingate | 1966 | 66 pts. |
| Captains | Scott Striggow, Tom C | loseph | 1976 |
| | Doug Heasley, Keith L | | 1975 |
| | Denny Brighton, Paul | | 1974 |
| | John Rank, Dan Ditty | | 1973 |
| | Bob Brighton, Tim Ern | nish | 1972 |
| | Tim Churchill, | | |
| • | Jim Hittler, Paul Boo | czek | 1971 |
| | John Hittler | | 1970 |
| ** | Dick Brighton, Mike E | | 1969 |
| | Paul Ceravolo, Tom Ch | nevalier | 1968 |
| | Dave Long, John Ufer | | 1967 |
| | Ralph Wingate, Edd Ba | | 1966 |
| Special Services Award | FRED ALCOCK, PAUL | L STOKES | 1976 |
| | Richard Luttrell | } | 1975 |
| | Bill Alexander | | 1974 |
| | Dan Stokes | | 1973 |
| | Mike Keeler | | 1971 |
| · · | Mark Green | | 1970 |
| | Chuck Meader | | 1967 |
| | | Roo | |
| Most Improved Mik | E STOCKMASTER, LU | | , 1976 |
| | Tom Joseph | | 1975 |
| | Doug Heasley | _ | 1974 |
| | John Rank - Paul Nasi | n | 1973 |
| | Tim Ermish | | 1972 |
| | Tim Churchill | | 1971 1970 |
| | Ralph Lawn Dan Turner | | 1968 |
| | Dan Turner | | 1300 |

BEDFORD WRESTLING RECORDS

| Best Records | Denny Brighton Denny Brighton John Hittler Tim Ermish Rick Green Dave Long Tim Churchill Tom Chevalier Tom Alexander | 1973 | 1975-1976 *Tom Joseph 44-0-0 *Bruce Heasley 40-4-0 |
|--|--|-----------------|--|
| Most Takedowns | Denny Brighton | 1973 80 | Tom Joseph |
| Most Reversals | Jim Long | 1975 40 | 64 Scott Striggow |
| Most 3 pt. Near Falls | Denny Brighton | 1973 41 | 34 Bruce Heasley |
| Most 2 pt. Near Falls | Denny Brighton | 1973 35 | 23 Tom Joseph 31 |
| Most Falls | Denny Brighton | 1974 34 | Bruce Heasley 26 |
| Most Escapes | Paul Nash | 1973 45 | Chuck Joseph 34 |
| Fastest Fall | Ralph Lawn | 1970 :07 | Bruce Heasley :15 |
| | | | Tom Joseph :15 |
| Highest pt. total | Denny Brighton | 1974 441 | *Tom Joseph 489 |
| Most Consecutive Wins (1 year) | Denny Brighton | 1973 45 | Tom Joseph 44 |
| Most Consecutive Wins (more than 1 yr |)Denny Brighton | 1973-74 53 | Tom Joseph |
| Career Pins (3 Yrs) | | 1972-74 87 | 44 Bruce Heasley |
| Career Record(3 yrs) | | 1972-74 125-4-0 | 55 Tom Joseph |
| Career Wins (3 yrs) | | 1972-74 125 | 88-16-0 Tom Joseph |
| • • | | 1372-74 123 | 88 |
| Most Superior Decisi (1 year) | Tom Joseph | 1975 7 | Tom Joseph 5 |
| Most Major Decisions (1 year) | *Craig Rank | 1976 5 | J |
| | - | | |

^{*}New Records

| | | TEAM RECOR | DS | Opponents | |
|---|---|--|--|--|--|
| Maneuver | <u>Year</u> | Records | <u>1976</u> | <u>Lt.st</u> | <u> 1976</u> |
| Duals Most Wir Dual Meet Reco Won-Lost Recor | ord 1972 | 14 12-0-0 *364-139-6= | 13 13-1-0 72.1% | 6 - 1966 3-6-0 19 | 1 966 |
| Most Takedowns Most Reversals Most Escapes Most Near Fall Most 2 pt. Nea Most Falls Most Superior Most Major Dec (New Record St | 1975 1975 1975 18 1975 ar Falls1975 1972 Decisions 1976 | 553 309 312 253 219 176 | 508 259 296 214 191 158 21 | 81-1966 97-1966 75-1967 19-1967 23-1967 15-1970 3-1975 12-1976 | 234 230 263 91 63 34 4 |
| Place in GLL | 1976 Champion 1975 Champion 1974 Champion 1973 Champion 1972 Champion 1971 Champion 1970 Champion 1969 Champion 1968 Third 1967 Second 1966 Fifth | 1 S 1 S 1 S 1 S 1 S | n Regiona | 1975 1974 1973 1972 1971 1970 1969 1968 1967 | Champions Second Third Fourth Second Tenth Third Fourth Third Second Fifth |
| Place in Districts | 1976 Champion 1975 Champion 1974 Third 1973 Third 1972 Fourth 1971 Third 1970 Champion 1969 Second | ns ns | n States | 1975 1974 1973 1972 1970 1969 | CHAMPIONS Fifteenth Seventh Third Eleventh Seventh Sixteenth Fourteenth Eleventh |
| Place in GNC | 1974 Champior | 1 S | | | |
| YEAR 1975-76 13 1974-75 14 1973-74 11 1972-73 9 1971-72 12 1970-71 10 | PAST L T 0 1 0 3 0 2 0 0 0* 2 0 | YEAR 1969-7 1968-6 1967-6 1965-6 | 9 10 8 8 7 8 | $\begin{array}{cccc} \frac{L}{1} & \frac{T}{0} \\ 1 & 2 \\ 4 & 0 \\ 2 & 0 \\ \frac{6}{23} & \frac{0}{2} \end{array}$ | |

PAST TOURNAMENT RESULTS

Wrestled in 90 Tournaments since 1966 (including State Sponsored Tournaments).

since 1966 (10 in 1976) since 1966 Championships 43

14 Seconds since 1966 Thirds 15

BEDFORD JUNIOR VARSITY 1975-76

TOURNAMENTS

Bedford Takedown Tournament Bedford J.V. Tournament Garden City Tournament

1st place 1st place 3rd place (17 teams)

DUAL MEETS -12-0

| Bedford | 23 | Springfield | 7 |
|---------|----|---------------|----|
| Bedford | 49 | Monroe | 15 |
| Bedford | 33 | Fostoria | 0 |
| Bedford | 52 | Port Clinton | 9 |
| Bedford | 25 | St. Francis | 16 |
| Bedford | 33 | Bowling Green | 2 |
| Bedford | 42 | Wayne | 7 |
| Bedford | 32 | John Glen | 8 |
| Bedford | 32 | Adrian | 22 |
| Bedford | 39 | Clay | 3 |
| Bedford | 48 | Sylvania | 8 |
| Bedford | 19 | Whitmer | 12 |

INDIVIDUAL RECORDS

| Mark Boudreau | 19-1 | Bob Quigley | 5-5-1 |
|------------------|-----------|---------------|-----------|
| Kevin Whitenburg | 16-3 | John Dunnigan | 4-4-0 |
| Bob Snyder | 13-1 | Les Poulson | 6-6-0 |
| Jeff Folk (| 15-3-1 | Jim Labadie | 4-5-0 |
| Greg Smith | 12-2-1 | Jim Boraggina | 4-6-0 |
| Steve Klock | 15-3-0 | Eric Lawn | 4 - 4 - 0 |
| Mike Venia | 12-2-0 | Steve Fisher | 3-3-1 |
| Jeff Gamby | 10-5] | Guy Rank | 4 - 0 - 0 |
| Kelly Stanley | 11-2-0 | Dave Fry | 1-6-0 |
| Chip Emptage | 7 - 0 - 0 | Rick Webster | 1-3 |
| Tim Leffler | 4 - 5 - 1 | Ted Overman | 0 - 3 - 0 |
| | | Mark Hoffman | 3 - 3 |

The Bedford J.V. team this year had a good season with a perfect 12-0 dual meet record. We started the season with a victory in the Bedford JV Takedown Tournament posting a record score. We went on to post a first place finish in our own JV Tournament. The high point of the season was a tri-dual meet between Wayne, John Glen and Adrian in which we defeated all three teams. Our next tournament was the Garden City tournament in which we took 3rd out of 17 teams. For the second season in a row Bedford took the most valuable wrestler award in the 119 lb. class in the name of Kevin Whitenburg. The final dual meet was our closest meet of the year against Whitmer posting a 19-12 score finishing a good coason for any 3 years. finishing a good season for our J.V. program.

GRAPPLERETTES

We usually have a description of some of the jobs and work that our Grapplerettes do, in this section of the program. However, I think that most people now know what they do for the wrestling program. So instead of taking space to say what they do, I would like to write a little about our group this year. Without trying to offend any of our preceeding groups of Grapplerettes, I would like to say that this was the greatest over-all group that we have ever had work with us in wrestling. This was the most cooperative group, the hardest working group and the most faithful group that has been organized. I thank God for sending them this year, for without them it could have been a very trying year. I attribute a lot of this to the type of girls that made it thru the extensive note taking and the page test given that took approximately 1½ to 2 hours to complete. I also attribute the work turned in as that coming from a group of conscientious, diligent, faithful, enthusiastic, hard working and wrestling conscious girls. We had tremendous leadership from Lisa Allore--President, Cindy Mohler--Vice-President, Natalie Balfour--Treasurer, Sherry Cousino--Secretary, and Angie Boraggina--Sargent-at-arms. These girls were excellent and took over and executed many chores that I have had to do myself in the past. I thank them very much for relieving me of these responsibilities. Our other outstanding girls are Pam Cioroch (sign committee Chairperson), Jenny Dreps (wrap-up-chairperson), Lisa LeBlanc (Pep group chairperson), Marion Bracey, Jill Flory, Karen Henry, Anna Landin, Colleen Peterson, Bonnie Schieb, Shannon Sizemore, Julie Slowinski, Amy Troutman, Barb Whaley, and Dorinda Woods.

Whaley, and Dorinda Woods.

All of the girls had various responsibilities and every girl carried out these responsibilities all the way thru the wrestling season. No other group ever gave us the support both vocally and spiritually as these girls. From the very bottom of my heart, and I know this comes from our wrestlers and coaching staff as well, thank you so much for your help and support this year. We hope that the performances we gave and the honors we received might have been a small re-

ward to you for the effort you put in for us.

Thanks again and May God Bless You,

Coach Regnier

CHEERLEADERS

I would also like to take this time to thank our Varsity and Junior Varsity Cheerleaders for the time that they took this year in being part of the Mules Wrestling Program. Your cheers and enthusiasm were greatly appreciated this year by our statf and wrestlers alike. We are so grateful for your help we know we had a crowd with us this year. And I thank God for your help and for the cooperation we had with and tetween you and our Grapplerettes. Special thoughts and thanks to Liz and Kim for your extra effort on behalf of Bedford Wrestling.

The following are our <u>Varsity Cheerleaders</u>.

Cathy Drouillard
Brenda Alexander
Betsy Blair
Ann Hilkins
Kim Leffler
Liz Guyton
Terry Manore
Lisa O'Brien
Melissa Bachi
Karen Kazmaier

J.V. Cheerleaders.

Debbie Nalepa
Jean Cromer
Janet Young
Mary Dlugas
Sue Thompson
Wendy Fisher
Laury Beutler
Mary Ruedisueli